

Counselor's Corner



Classroom Guidance Update

Meet Your Counselors

Amy Marshall usually works with Kindergarten and first grade. She loves spending the time with our youngest students. She has two children—her oldest starts at ABES this year! **Cheri Elkins** works mostly with students in grades 2 through 5. She plays the piano and has an adorable cat named Cheddar.

Just like the rest of the ABES staff, our job is to help your child get an excellent education. This includes great academics as well as social, emotional, and career skills. All of our lesson topics come from the input of parents, teachers, and students themselves.



How can school counselors help my child?

Professional school counselors are certified and licensed educators who work to help students grow socially, emotionally, and academically.

This year, you can expect us to visit your student's classroom about every two weeks. We'll focus on healthy friendships, recognizing emotions, using kindness and empathy, making good decisions, positive work habits, and the world of work.

Along with classroom lessons, we lead small groups throughout the year on a variety of topics. When needed, we help connect families with information and resources in our community.

We also help students who are facing particular difficulties, like a changing family situation, an illness or death in the family, or an academic or social difficulty at school. Our goal is always to help kids grow to be their very best.

Questions, Comments, or Concerns?

Please feel free to contact school counselors Amy Marshall and Cheri Elkins by emailing amy.marshall@knoxschools.org or cheri.elkins@knoxschools.org or calling 689-1474.

We love talking to parents and families!



How can a school counselor help my child?

Academics

Just like all educators, our primary focus is to help your child become the best version of themselves. School counselors help kids succeed academically by teaching classroom and study skills that last a lifetime. We also work with kids and families to identify and remove barriers to learning. This year, expect to hear us talk a lot about hard work and high expectations!

Social/Emotional

School counselors are uniquely trained to help students develop socially and emotionally. This year, we'll be especially focused on kindness, feelings, empathy, and having and being a good friend. We teach many of these skills in classroom lessons, but we also work with small groups and individual students from time to time so all students feel confident and comfortable in their own skin.

Career

Think elementary kids don't need to know about career? Think again! It's never too early to learn about the world of work. For young children, we focus on career awareness, exploring lots of different types of jobs and education they may not even know exist! We also help each student learn his or her own interests and abilities and how these can lead to success later in life.

Resources for Families



A professional organization for school counselors can help parents understand more about the role of the counselor and has great resources for helping children through common "ups and downs."

Adrian Burnett PTSO

Please join our PTSO! Parents, teachers, and students are the heart of our school. This wonderful promotes collaboration among all school stakeholders and works in a variety of ways to support student success.

KCS Family Resource Center

The Family Resource Center assists schools and families by providing information, training, and other school and community resources. For more information, visit knoxschools.org and click on Family Resource Center (under Community).



Duis vel urna at mi consequat congue. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Donec ac diam.

Pellentesque aliquet. Morbi tempor. Ut id felis non urna elementum feugiat. Nunc vulputate. Etiam gravida nunc vel tortor. Nulla quis urna. In hac habitasse platea dictumst.

Duis ullamcorper.

Donec sit amet nisl blandit nunc lacinia porttitor. Sed pulvinar congue enim.

In hac habitasse platea dictumst. Morbi at urna. Nunc rhoncus massa. Vestibulum leo. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos hymenaeos. Donec non lacus. Nulla facilisi. Duis fermentum condimentum lacus. Sed ornare. Morbi non felis.

Nam at magna in velit imperdiet porttitor. Quisque sollicitudin, dui eget bibendum ultricies, lectus risus iaculis arcu, vel ullamcorper est purus sed

nunc. Nulla ac felis. Sed ligula odio, sodales sit amet, malesuada in, ultricies eget, dolor. Sed massa. Sed lobortis neque vel leo. Nullam lacus sem, rutrum eu, sagittis ut, ullamcorper ut, lectus. Quisque pharetra.

Quisque tempor felis. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Vestibulum ante ipsum primis in faucibus orci luctus et ultrices posuere cubilia Curae; Quisque non lorem at diam aliquet viverra. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Nulla consectetur, massa nec sagittis consequat, lorem massa ultrices metus, eu varius felis quam ut erat. Vivamus rhoncus ultrices massa. Fusce varius nunc at sapien. Etiam facilisis sodales nisi.

Donec felis.

Sagittis sem sit amet magna.

Pellentesque
commodo leo

Suspendis
rhoncus.

Nulla fac
in

pede ve

posuere

Maecen

Ut vulpu



nulla, v

pellentesque nunc
sem, tempus sed,

mattis a, elementum
sit amet, tortor.

ultrices u

Nunc urn

sociosq³

Continued

Vestibulum condimentum nonummy justo

Suspendisse luctus felis sed augue. Aenean sem. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Donec accumsan lectus sed odio. Quisque egestas rutrum pede. Integer a nisi. Quisque sollicitudin mi et purus. Nunc a nibh. Fusce non urna. Mauris faucibus ipsum et risus.

Sed posuere lacinia risus.

Mauris sed erat quis libero vestibulum facilisis. Sed laoreet arcu ut sem. Nam a nisi eu orci congue porttitor. Nulla odio. Nam porta, sapien vitae euismod bibendum, velit velit tincidunt purus, ut dictum arcu lorem ac lacus. Lorem ipsum dolor sit amet, consectetur adipiscing elit.

Suspendisse sed libero.

Lorem ipsum dolor sit amet,

consectetur adipiscing elit. Cras leo. Nam venenatis risus ut diam. Sed cursus pretium dolor. Aliquam erat volutpat. Aliquam dapibus justo sit amet felis. Aenean ipsum. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Nulla fringilla sodales ipsum. Nunc vestibulum. Aliquam adipiscing dolor a leo. Phasellus nunc. Mauris placerat

Continued



Justo magna
dapibus ipsum, quis
pulvinar dui mauris
quis diam.

